

# **Horticulture**

#### **London Road Cemetery, Brentwood**



# **Information Pack**



Reg. Charity No. 1099813

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#### Promoting Rights, Independence, Choice and Inclusion

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#### **Contents**

What is 'The Gates'?	3
What is our Aim?	3
What do we do at 'The Gates'?	4
Who can get involved?	5
What can you do?	5
If you are interested	5
To become a regular volunteer	6
To become a supported volunteer	6
To arrange a visit or offer other help	6
Application From	7
More about 'The Gates'	8
Frontline Factfile	10





#### What is 'The Gates'?

The Gates is a Horticulture project run by Frontline Partnership, with the support of Brentwood Borough Council that owns the site. It includes large greenhouses, an extensive walled garden and the development of a tranquil Sensory Walk. As far as possible, it is run on organic principles without the use of chemical fertilizers and pesticides

Since 2006 the near-derelict site has been transformed into a growing oasis, providing opportunities for a wide range of activities including:

- Horticultural activities growing flowers, fruit and vegetables
- o All aspects of safe garden management
- Art and craft workshops
- Bee keeping
- Social outings and activities
- o Participation in farmers markets and plant sales

#### What is our Aim?

'The Gates' offers a horticultural setting where local people, including people with a learning disability, can develop new skills in a safe and supportive community environment



### What do we do at 'The Gates'?

**Grow flowers** 



Grow vegetables



Grow fruits



Bee keeping



Arts and crafts



Keeping safe at work



Sell produce



Outings



Horticulture is about planning, then growing, flowers, vegetables, plants and fruit.





### Who can get involved?

People who need extra support, volunteers, paid workers, people who receive direct payments, college courses... and local people who wish to support *community inclusion for all* 



### What can you do?

- Volunteer to work in the garden and greenhouses (with or without individual support)
- o Offer other horticultural opportunities
- Suggest places we can sell our produce
- Donate seeds, soil, garden equipment
- Make a financial donation

If you'd like to get involved, please contact 'The Gates' (see page 8 for contact details)

### If you are interested ...

Please arrange a visit to 'The Gates' (see page 6 for contact details).

If you would like to join 'The Gates' team on a Tuesday, Wednesday and/or Thursday, please fill out the Application Form (Page 7)



#### To become a volunteer



Complete the Application Form on page 7 and send it to:

Mary Yiannoullou, Project Manager London Road Cemetery, London Road, Brentwood, Essex CM14 4QP

Tel: 01277 226144 Mob: 07887742622 Email: thegates@frontlinepartnership.org

## To become a supported volunteer

Complete the Application Form on page 7 and send it to:

Mary Yiannoullou, Project Manager c/o Frontline Partnership, Montbazon Court, Cleves Avenue, Brentwood, Essex CM14 4WD

Tel/fax: 01277 218902/233889

Email: enquiries@frontlinepartnership.org

# To arrange a visit or offer other help

Please contact:

Mary Yiannoullou, Project Manager London Road Cemetery, London Road, Brentwood, Essex CM14 4QP

Tel: 01277 226144 Mob: 07887742622 Email: thegates@frontlinepartnership.org





# Volunteer Application Form

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NAME:			
ADDRESS:			
POST CODE:			
TELEPHONE:			
EMAIL:			
If you have access in 'The Gates', please	tell us abou		
Please complete	e this for	m and return it	to:
Mary Yiannoullou, P c/o Frontline Partne Brentwood, Essex. (	rship, Montl		s Avenue,
Pagainad by	Data	Actions	



### More about 'The Gates'



# Our aim is to provide quality social, educative and therapeutic opportunities for local citizens within a horticultural setting

'The Gates' community at London Road Cemetery, Brentwood is a nonprofit making horticultural project that provides local citizens, including people with learning disabilities with an opportunity to develop new skills in a safe and caring environment.

Research suggests that serious and enduring mental illness and learning disabilities can lead to a loss of self confidence, self-esteem, employment difficulties, social exclusion and isolation. It is also widely accepted that inclusion and participation in social therapeutic activities can play an important part in the integration process.

The project was founded in 2006 on the Brentwood Borough Council site and with their generosity we were able to take over and develop the derelict enclosed garden and greenhouses. Thanks to their support we are now able to develop our wonderful resource under the new management of the local registered charity Frontline Partnership.

Our extensive walled garden is divided into individual raised beds, allowing gardeners the freedom of choice when developing ideas in their own areas. There are also larger communal plots used for the growing of popular produce and our large greenhouses are used to propagate and to

grow greenhouse suited crops, all of which are available for our gardeners to take home and enjoy.

In past years we have endeavored to use organic principles and have refrained from using chemical fertilizers and pesticides as much as possible. In the coming year we will be exploring organic horticultural methods further and will be investigating the potential to grow better flavours and a higher yield in vegetables by gardening and planting in accordance with the energy cycles of the moon.

The future is bright and our future plans include:

- The development of the woodland. A tranquil setting for our sensory walk
- Planting and growing by the moon
- Garden design workshops
- Growing and distributing produce within local community projects and businesses
- Participation in garden shows

The setting for our project is tranquil and the atmosphere friendly and supportive. Our staff and volunteers strive to promote independence, choice and inclusion.

\*\*January 2009\*\*



## Frontline Factfile



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#### What is the Frontline Partnership?

A registered charity and company limited by guarantee, promoting social inclusion and skill-building and working closely with local voluntary and statutory organisations.

#### What does it do?

Frontline enables and supports people with a learning disability and high support needs to live full and productive lives, through their active inclusion, participation and contribution within the Brentwood community

#### What are its' Aims

- To promote emotional and spiritual growth through mutually supportive friendships, shared experiences and valued roles
- To create initiatives that develop and enhance the practical, social and creative skills that re-define people as active participants in the community rather than passive recipients of care

#### **Projects and Partnerships**

0	HOURSWORTH	<b>Supported Employment</b> and on-the-job training, supporting people into paid employment in Crown Café and local businesses.
0	CROWN CAFÉ	In partnership with <b>Sawyers Church</b> - employing people with learning disabilities, supported by HoursWorth, serving the community through <b>'Olive Branch'</b> lunch club, <b>'Lite Bite'</b> café, <b>'Colours Coffee Shop'</b> and <b>'Tuesday Club Café'</b> (healthy options)
0	`CAFÉ ART'	In partnership with <b>Sawyers Church</b> - <b>`Tapestry</b> ' creating sketchbook journals using words and artwork, <b>`Colours'</b> art course in partnership with <b>Adult Education</b>
0	ACTABILITY	Promoting inclusion and supporting people with a learning disability to provide drama workshops in <b>local primary</b> schools
0	STARBURST	Inclusive <b>dance nights</b> at Brentwood Theatre and other venues, for people with and without disabilities
0	TUESDAY CLUB	Supporting <b>Sawyers Church</b> – Club nights, countryside walks, social networks
0	THE GATES	<b>Horticulture</b> project - Building community through horticulture
0	BULGARIA	Working in institutions for young people with learning & physical disabilities. Supporting de-institutionalisation. Staff training, self-advocacy, social inclusion, exchange visits etc.
0	PEOPLE FIRST	<b>Self-advocacy</b> group. Supporting people to speak up for themselves

Contact:- Frontline Partnership, Montbazon Court,. Cleves Avenue, Brentwood, Essex. CM14 4WD Tel. 01277 218902 (or Crown Café on 01277 233889) Email: enquiries@frontlinepartnership.org

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